

WEEK 4

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIP FRIDAY

MAIN £1.85

Classic Beef Lasagna (2,4,7,9)
Garden Peas and New Potatoes

Chicken Korma (7,9)
Wholegrain Rice & Mini Naan (2)

Roast Chicken
Yorkshire Pudding (2,4,7), Carrots
Peas, Crushed Roasted New Potatoes
& Gravy

Beef 'n' Cheese Burger
(2,7,13) Baked Wedges and Beans

Oven Baked Battered Fish
(2,4,5,7)
Chips and Baked Beans/Peas

MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE £1.85

Vegetable Lasagna (2,4,7,9) ✓
Garden Peas and New Potatoes

Vegetable, Pea & Potato Curry (9,10) ✓
Wholegrain Rice & Mini Naan (2) ✓

Vegetable Tortilla (4,7) ✓
Crushed New Roasted Potatoes & Carrots/Peas

Vegetable Quorn Chilli with Nachos (2) ✓

Cheese & Onion Pasty (2,4,7) ✓
Chips & Salad

FUSION £1.85

Tomato & Herb Pasta (2) ✓

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Italian Chicken Pasta Pot (2)

Thai Salmon and Spinach Noodle Pot (2,4,5,12)

Creamy Chicken Pasta Pot (2,7)

Chilli Beef Pasta Pot (2)

Sweet Chilli Chicken Noodle Pot (2,4,12)

STREET

Assorted Filled Muffins & Panini's
Bacon, Egg & Bacon, Cheese & Tomato, Cheese & Beans, Chicken & Cheese (2,4,7) £1.80

Chicken Drumsticks marinated with BBQ or Piri Piri (1,2,4,5,7,9,12,13,14) £1.00 (1) £1.60 (2 each)

Giant Yorkshire Pudding Wrap - Chicken 'n' Stuffing 'n' gravy (1,2,4,7,13) £1.80

Southern Chicken Wrap
Iceberg & Cajun Mayo Dressing (2,7) £1.50

MOMS Hot Bread Bakes
BBQ Chicken, Cheese & Tom, Chicken Tikka, Veg Balti (2,4,7) £1.60

DELI 2GO

Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)

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THE PUD £0.65

Ice Cream Pot (2,4,7)

Apple Crumble (2,4,7) & Custard

Vanilla Sponge & Custard (2,4,7)

Assorted Mixed Cookies (2,4,7)

Beetroot and Chocolate Muffin (2,4,7)

Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

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Rev Sept 2018

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL