

WEEK 2

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIP FRIDAY

MAIN £1.85

Spaghetti Bolognese (2,7)
Cheesy Garlic Bread (2,7) and Mixed Salad

Chicken Tikka (7)
Wholegrain Rice and Mini Naan Bread (2)

Roast Turkey
Yorkshire Pudding (2,4,7),
Carrots & Cabbage Roast Potatoes & Gravy

Mexican Beef Chilli Enchilada (2)
Green Beans and Sweetcorn with Baked Cajun Wedges

Oven Baked Battered Fish (2,4,5,7)
Chips and Baked Beans/Peas

MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE £1.85

Linda McCartney (2,13) Bolognese
Cheesy Garlic Bread (2,7) and Mixed Salad

Vegetable Tikka Masala (contains lentils, pulse & beans) (7)
Wholegrain Rice and Naan (2)

Vegetable Savoury Pin Wheel (2,4,7) ✓
Cabbage, Carrots and Potatoes

Falafel (chick pea) (2) and Spinach Burger in Pitta (2) ✓
Wedges & Homemade Slaw (4,7,9)

Roasted Vegetable Frittata (2)
Chips & Peas (7) ✓

FUSION £1.85

Tomato & Herb Pasta (2) ✓

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Moroccan Chicken Rice Pot (9)

Asian Beef Noodle Pot (2,4,12,13)

Beef Bolognese Pasta Pot (2)

Mac 'n' Cheesy Pasta Pot (2)

Chicken Meatball Pasta Pot (2)

STREET

Assorted Filled Muffins & Panini's
Bacon, Egg & Bacon, Cheese & Tomato, Cheese & Beans, Chicken & Cheese (2,4,7) £1.80

Chicken Drumsticks marinated with BBQ or Piri Piri (1,2,4,5,7,9,12,13,14)
£1.00 (1) £1.60 (2 each)

Giant Filled Yorkshire Pudding Wrap - Turkey 'n' Gravy (1,2,4,7,13) £1.80

Fish Finger Butty (2,5) £1.50

MOMS Hot Bread Bakes
BBQ Chicken, Cheese & Tom, Chicken Tikka, Veg Balti (2,4,7) £1.60

DELI 2GO

Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)

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THE PUD £0.65

Ice Cream Pot (2,4,7)

Mixed Fruit Crumble & Custard (2,4,7)

Chocolate Sponge with Chocolate Sauce (2,4,7)

Coco Crunch (2,4,7)

Vanilla Muffin (2,4,7)

Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

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Rev Sept 2018

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY