

WEEK 3

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIP FRIDAY

MAIN £1.85

**Brunch Lunch**  
Pork Sausage (13), Scrambled Egg (4,7), Bacon, Beans & Diced Potatoes

**Japanese Chicken Katsu with a Curry Sauce** (1,2,4,7,9,12,13)  
Wholegrain Rice

**Hunters Chicken** (7)  
Mixed Vegetables & Boiled Potatoes

**American Beef Pie** (2,4,7)  
Wedges & Sweetcorn

**Oven Baked Battered Fish** (2,4,5,7)  
Chips and Baked Beans/Peas

MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE £1.85

**Veggie Brunch Lunch** (4,7) Egg (4,7), Veggie Sausages (4) Beans & Diced Potatoes ✓

**Veggie Soya** (4,13) Mince Balti Wholegrain Rice, Poppadums and Mango Chutney ✓

**Cheese & Broccoli Quiche** (2,4,7)  
Mixed Vegetables & Boiled Potatoes ✓

**Crispy topped Vegetarian Pie** (2,4,7)  
Wedges and Sweetcorn ✓

**Quorn Sausages** (2,4,7,14)  
Chips, Beans & Gravy ✓

FUSION £1.85

**Tomato & Herb Pasta** (2) ✓

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**Beef Bolognese Pasta Pot** (2)

**Asian Chicken Noodle Pot** (4,7,12,13)

**Mac N Cheese Pot** (2,7,9)

**Piri Piri Meatball Pasta Pot** (2,9)

**BBQ Chicken Pasta Pot** (2)

STREET

**Assorted Filled Muffins & Panini's**  
Bacon, Egg & Bacon, Cheese & Tomato, Cheese & Beans, Chicken & Cheese (2,4,7) £1.50

**Chicken Drumsticks marinated with BBQ or Piri Piri** (1,2,4,5,7,9,12,13,14)  
£1.00 (1) £1.60 (2 each)

**Giant Filled Yorkshire Pudding - Sausage and Onions** (1,2,4,7,13)  
£1.80

**Chilli Beef Taco's** (2)  
£1.80

**MOMS Hot Bread Bakes**  
BBQ Chicken, Cheese & Tom, Chicken Tikka, Veg Balti (2,4,7) £1.60

DELI 2GO

**Assorted Freshly Made Baguettes, Wraps & Sandwiches**  
(see packaging for allergens)

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THE PUD £0.65

**Ice Cream Pot** (2,4,7)

**Pear and Coco Crumble & Custard** (2,4,7)

**Jam Sponge & Custard** (2,4,7)

**Hot Chocolate Brownie** (2,4,7)

**Mixed Fruit Muffin** (2,4,7)

**Fruit Mousse** (7), Fresh Fruit, Grape Pots Or Jelly

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Rev Sept 2018

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY