

WEEK 5

CLASSIC FAVOURITES MONDAY

Eastern TUESDAY

Great British WEDNESDAY

All American THURSDAY

FISH CHIP FRIDAY

MAIN

£1.85

Baked Gammon Steak 'n' Baked Wedges
Peas/Sweetcorn

Chicken Chow Mein
Noodles (1,2,4,10,13) with Peppers, Onions, Babycorn & Mangetout

Roast Turkey
Yorkshire Pudding (2,4,7),
Cabbage, Carrots, Roast Potatoes & Gravy

Mexican Beef
Taco's (2)
Rice and Sweetcorn

Oven Baked Battered Fish
(2,4,5,7) or
Salmon Fish Cakes (2,5)
Chips and Baked Beans/Peas

MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD

VEGGIE

£1.85

Quorn Steak 'n' Wedges With a Salsa Sauce (4) ✓
Peas/Sweetcorn

Thai Vegetable & Quorn Pieces (2,5,4) ✓
Noodles (2,4)

Veggie Toad in the Hole (2,4,7) ✓
Cabbage, Carrots and Potatoes

Mixed Bean & Vegetable Mexican Chilli Taco's (2)
Rice and Sweetcorn ✓

Vegetable Frittata (4,7) ✓
Chips and Peas

FUSION

£1.85

Tomato & Herb Pasta (2) ✓
Chilli Chicken Wholegrain Rice Pot

Tomato & Herb Pasta (2) ✓
Beef Keema Rice Pot (2)

Tomato & Herb Pasta (2) ✓
Sausage (13) Pasta Pot (2)

Tomato & Herb Pasta (2) ✓
BBQ Sliced Chicken Noodle Pot (2,4)

Tomato & Herb Pasta (2) ✓
Cheesy Pasta Pot (2,7,9)

STREET

Assorted Filled Muffins & Panini's
Bacon, Egg & Bacon, Cheese & Tomato, Cheese & Beans, Chicken & Cheese (2,4,7) £1.80

Chicken Drumsticks marinated with BBQ or Piri Piri (1,2,4,5,7,9,12,13,14)
£1.00 (1) £1.60 (2 each)

Giant Yorkshire Pudding Wrap - Turkey'n'Stuffing 'n' gravy (1,2,4,7,13) £1.80

American Hot Dog (2,13) £1.80

MOMS Hot Bread Bakes
BBQ Chicken, Cheese & Tom, Chicken Tikka, Veg Balti (2,4,7) £1.60

DELI 2GO

Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)

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THE PUD

£0.65

Ice Cream Pot (2,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Mixed Fruit Crumble & Custard (2,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Chocolate Sponge with Chocolate Sauce (2,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Coco Crunch (2,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Vanilla Muffin (2,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly



Rev Sept 2018

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other healthy snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL