

FREESTYLE

— SPORTS & ARTS —

E : mail@freestylegroup.co.uk

SPORTS & ARTS CLUBS

NEW TIMETABLE FOR 2026-2027

Dear Parents & Children,

With the launch of our Wraparound Care Club at The Duston School, we are excited to announce our revised Freestyle Sports & Arts clubs programme from September 2026.

Freestyle clubs offer children the opportunity to learn a variety of skills taught through fun learning games by professional Freestyle coaches. We believe children should have access to regular exercise to benefit their physical health and mental wellbeing. Our inspirational leaders create an exciting and inclusive environment through energetic delivery.

Sign up is now open, at checkout you will be given two payment options. You can select to pay an upfront payment then divide the remaining balance into monthly instalments via Direct Debit or to pay for the full academic year in a once off payment.

Freestyle Sports & Arts clubs are ongoing throughout the academic year and 4 sessions paid notice is required if you wish to cancel your membership for any reason.

Activities:	Day:	Time:	Age Group:	Session cost:
Dodgeball/Basketball	Mondays	End of School- 5:00pm	Years 1 to 6	£6.80
Football	Tuesdays	End of School- 5:00pm	Years 3 to 6	£6.80
Dance/Cheerleading	Wednesdays	End of School- 5:00pm	Years 1 to 6	£6.80
Football	Thursdays	End of School- 5:00pm	Years 1 to 3	£6.80
Gymnastics	Fridays	End of School- 5:00pm	Years 1 to 6	£6.80

Book now @

www.freestylegroup.co.uk