

Year 8 Physical Education Knowledge Booklet

Dance

Name:

Class:



What PE kit do I need?

Black school PE shorts/leggings, blue school PE t-shirt and bare feet.

Assessment Criteria

| | | |
|----|---|---|
| 1 | Can create a short sequence of movement with series of isolated actions. | |
| 2 | Can create a sequence of movement that links to a given stimulus. | |
| 3 | Can manipulate dance through change of travel and movement to suit a range of stimuli. | |
| 4 | Movements show range of choreographic devices, transitions are used to link movement and tempo is varied. | |
| 5 | Motif is clear and identifiable throughout the performance. Transitions are embedded into routine. | |
| 6 | Confidence in performance, some consideration for aesthetics, good use of floor space. | |
| 7 | Artistic merit is clear considers aesthetics and performance technique throughout. | |
| S3 | Social | Confidently contribute to group discussion and offer suggestions about a performance. |
| P3 | Personal | Push myself to perform at my best and I am able to reflect on my performance. |

Big Questions

1. What is a Stimulus?
2. How do travel and movement effect the tempo and mood of the dance?
3. How can transitions be embedded into routines?
4. How can a motif convey meaning?
5. How can relationships be used in dance?
6. How does timing contribute to the aesthetics of a performance?

Web Links:

One Republic. Rescue Me. Dance stimulus.

<https://www.youtube.com/watch?v=Nym5stAJAt8>

Diversity. Dance stimulus.

<https://www.youtube.com/watch?v=VpCiiMB6IRQ>



Your Dance Development

| Action | Description |
|--------|-------------|
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| 6. | |
| 7. | |
| 8. | |
| 9. | |
| 10. | |

What are transitions?

Transitions are considered as a “movement, passage, or change from one position, state, stage, subject, style, concept or place, etc., to another”. It is a way of moving the dance on to the next part.

For example: If the next phase of the dance requires dancers to be at the other end of the stage, a transition allows them to get there creatively (through rolls, slides, jumps etc) without simply walking over and causing a ‘break’ in the performance.

Travel

Transitions



Motif

- Canon
- Unison
- Contact
- Repetition
- Dynamics
- Fragmentation
- Timing
- Levels
- Body Part

A movement or group of movements that is repeated and changed throughout your dance

How could you develop the motif?

Development

You will learn what some of these key words mean in following lessons

Describe and draw your motif.

How will you develop your motif so that you have different versions that you can use in your dance?

Relationships

Aesthetics