

Year 11 Physical Education Knowledge Booklet

Dodgeball

Name:

Class:



What PE kit do I need?

Black school PE shorts, blue school PE t-shirt, Non-marking trainers and white sports socks/school blue PE football socks.

Assessment Criteria

4	Shows some accuracy with throws, can catch when not pressured, dodges successfully at times.	
5	Shows improved accuracy and catches more consistent. Developing anticipation in game play.	
6	Catches and throws with confidence, shows tactical awareness.	
7	Catching, throwing and dodging consistently good. Exerts control within game situations.	
8	Leads within games. Shows high level of tactical awareness and anticipation.	
9	Shows strong techniques when under pressure. High level of agility in play.	
10	High level of control, excellent leadership skills and rarely makes mistakes in play.	
S9	Social	Mentor and develop other. I learn from social situations and I am a confident leader.
P9	Physical	Demonstrate a growth mindset, always seeking opportunities to learn and develop.

Big Questions

1. What are the rules of dodgeball?
2. What are the different types of throws?
3. What defensive tactics can be applied?
4. What attacking tactics can be applied?
5. How to utilise individual strengths through effective roles in dodgeball?
6. What variations of the game of dodgeball can be played?

Web Links:

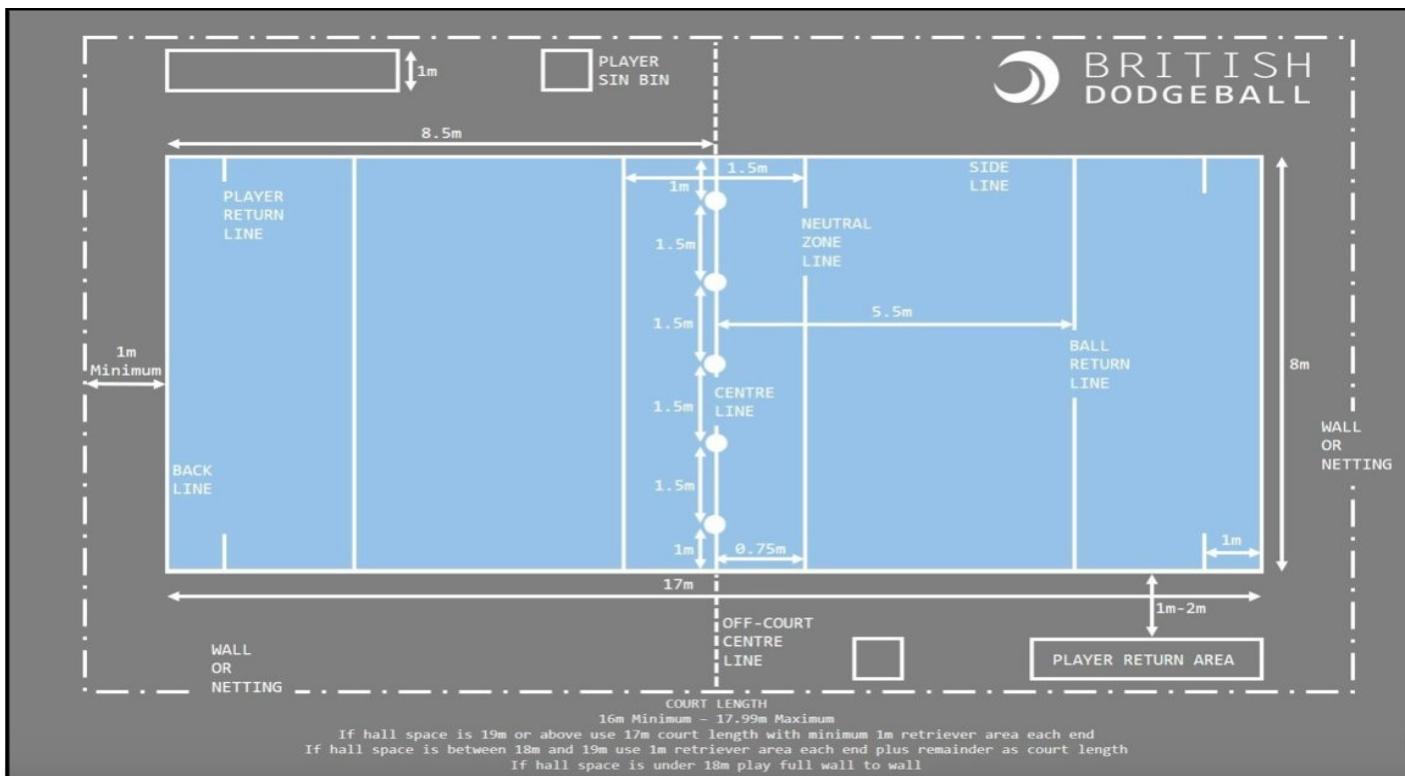
How to play dodgeball!:

<https://www.youtube.com/watch?v=bJ1vEQKX-hE>

Ultimate dodgeball:

<https://www.youtube.com/watch?v=MrIDzIqAQcU>



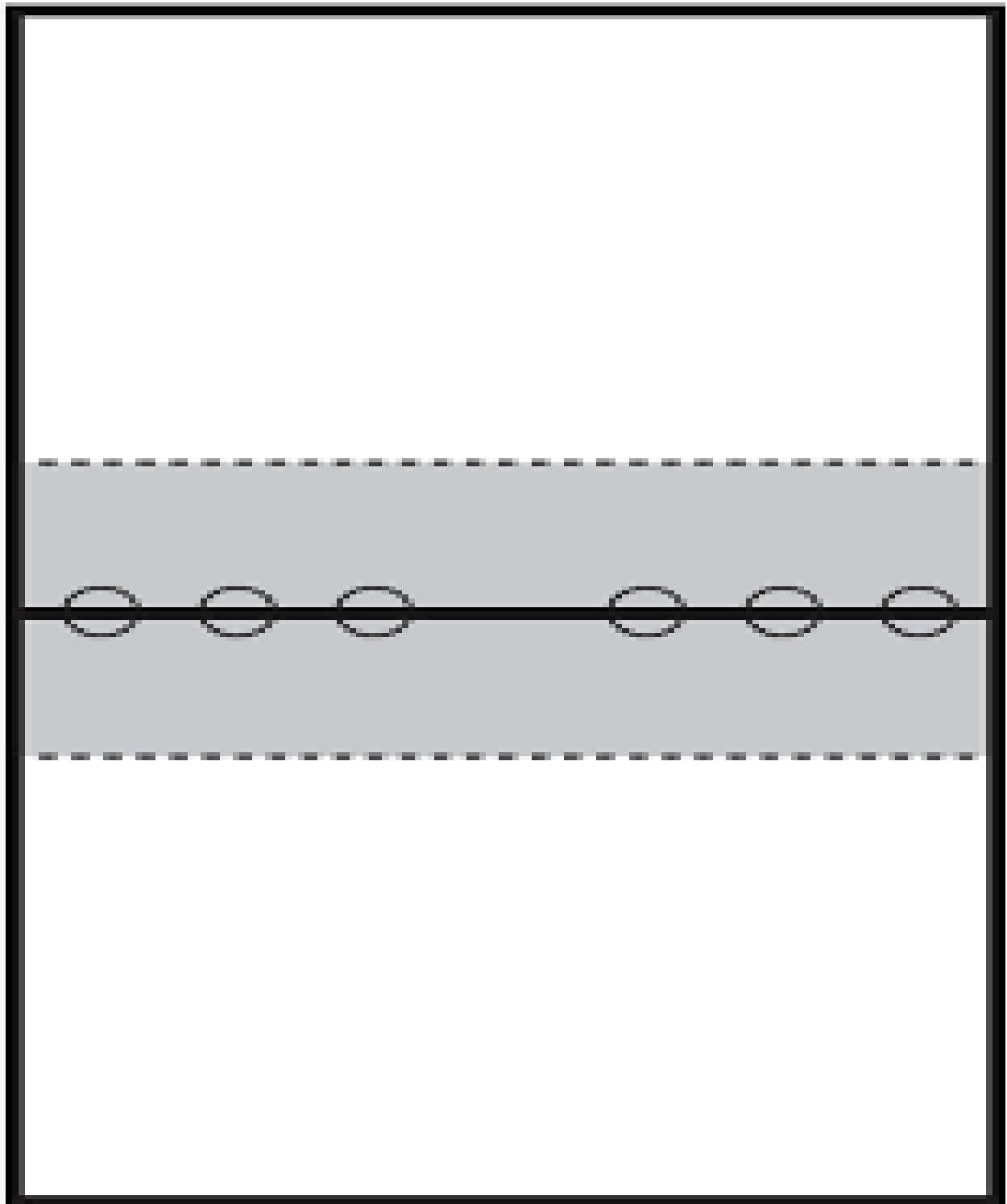


Basic Rules

Two teams start on opposing sides of a court. Three dodgeballs are lined up on the centre line and players from each team race to retrieve them at the start of the game.

A game then proceeds with both sets of players trying to take the opposition's players out of the game, either by striking them with a ball they have thrown before it bounces, or by catching a ball thrown by an opponent – a successful catch also allows the defending team to regain a player that has previously been taken out of the game.





Using the court above identify what tactics you could employ to influence your game of dodgeball. Can you play a formation? Can you allocate players individual roles?

What strategy/tactics could you apply?