

Topic: Why are carrots orange?

Year Group:

Reception

Summer Term 2

Key Knowledge

It's time to find out more about eating well and being healthy.

We will use our senses to investigate and take photographs of a variety of healthy fruits and vegetables.

We will compare and sort different fruits and vegetables, and create still-life drawings.

Using our research skills, we will read all about fruits and vegetables from non-fiction books. We will plant fruit and vegetable seeds and look after them carefully.

We will also find out what happens to our bodies when we exercise.

Finally, we will look carefully at carrots and discover if they were always orange.

Expressive Art and Design

We will explore printing with fruit and vegetables.

We will make our own Supertatos

We will sketch draw and colour still life drawings of fruit and vegetables.





Key Questions

What do you like to eat? What does our body need to keep healthy? Which foods are healthy/ unhealthy?

Are all carrots orange?
Can you name the
different fruits and
vegetables?

Can you describe the different fruits and vegetables?

What do you notice about the fruits and vegetablestexture, smell and shape.

Key Vocabulary

vegetable
carrot, and names of other
vegetables and fruits.
King William of Orange
healthy
grow
fresh
descriptive words of vegetables

and fruits-ripe, juicy, soft

Our Texts will be....











Understanding the World

You will know the importance of good health, of physical exercise and a healthy diet and talk about ways to keep healthy and safe.

Compare similarities of their own mealtimes and others.

Try this at home

Taste a fruit or vegetable that you haven't tried before?

Plant seeds, remembering what they need to grow.

Try following a recipe to make a healthy meal.

Try and eat at least 5 portions a day of a variety of fruit and vegetables.

Tricky Words

balanced diet, vitamins, protein, carbohydrate

Key Vocabulary

Seasons- four different times of year with different weather.

Senses- touch, smell, taste, sight and hear

Sun

Flower

Thunderstorm

Green leaves

Daisy

Sunflower

Holiday

Beach

Shell

Sandcastle

Summer



Our Texts will be....











Key knowledge

We will know that there are four seasons- Autumn, Winter, Spring and Summer.

We will learn to identify signs of Summer.

We will compare the seasons of the year using their knowledge of the seasons.

We will identify signs of summer in our local environment.

Key Questions

How do you know when it is summer?

What clothes do you wear in the summer?

What weather do you see in summer?

What colours are summer?

What fruits and vegetables can we grow in the summer time?

What can we hear, see, feel and taste in spring?



Expressive Art and Design



