



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

VEGETARIAN

POTS 2 GO

DESSERT

£1.90

£1.90

£1.90

£0.65

Cottage Pie
(2a,c,7,13)
Sweetcorn/Garden Peas

Sweet & Sour Chicken
Rice or Egg Noodles
(1,2a,4)

Roast Beef & Yorkshire Pud
Cauliflower, Green Beans New Potatoes & Gravy (2a,4,7)

Butter Milk Chicken
Baked Wedges, Coleslaw and Baby Cobs (1,2a,4,7,9,13)

Harry Ramsden's Battered Fish
(2a,5) or Salmon Fish Cakes (2a,5) Chips and Baked Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

Macaroni Cheese
(2a,7) **V**
Sweetcorn/Garden Peas

Chick Pea, Spinach & Sweet Potato Curry & Rice
(2a,7,9) **V**

Quorn Fillet **V**
Cauliflower, Green Beans, New Potatoes & Gravy (2a,4,7)

Mexican Vegetable & Bean Chilli On Wedges
VEGAN

Vegetable Sausages (2a)
Chips with Beans
VEGAN

Tomato & Herb Pasta (2a)
Sweet Chilli Chicken Noodle Pot (2a,4,12)

Tomato & Herb Pasta (2a)
Piri Chicken Rice Pot (2a)

Tomato & Herb Pasta (2a)
Ham & Chicken Pasta Pot (2a)

Tomato & Herb Pasta (2a)
Chilli Rice Pot (2a,7)

Tomato & Herb Pasta (2a)
Arabietta Pasta Pot (2a)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

Ice Cream Pot (7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Apple Crumble & Custard (2a,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Vanilla Sponge & Custard (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Assorted Mixed Cookies (2a,4,7,13)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Beetroot and Choc Muffin (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser <https://app.catercloud.com/menu/86128C56-1BCC-4903-829C-64B1F87A8C8E>



ALLERGEN KEY

1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Spaghetti Bolognese (1,2a,7,13)
Cheesy Garlic Bread and Mixed Salad

Chicken Tikka (2a,7)
Wholegrain Rice and Mini Naan Bread (2)

Roast Chicken Yorkshire Pudding (2a,4,7),
Seasonal Veg, Roast Potatoes & Gravy

Mexican Beef Chilli Enchilada (1,2a,7)
Sweetcorn with Baked Cajun Wedges

Harry Ramsdens Battered Fish (2a,5) Chips and Baked Beans/Peas

VEGETARIAN

Veggie Bolognese Cheesy Garlic Bread and Mixed Salad (2a,c4,7)

Vegetable Tikka Masala (contains lentils, pulse & beans) Wholegrain Rice and Naan (2a,4,7)

Vegetable Savoury Pastry Seasonal Veg and Potatoes (2a,4)

Falafel and Spinach (chick pea) Burger in Bun Wedges & Coleslaw (1,2a,9)

Spicy Bean Wrap with a dressing **VEGAN** Chips & Peas (2a,9)

POTS 2 GO

Tomato & Herb Pasta (2a)
Cheesy Pasta Pot (2a,7)

Tomato & Herb Pasta (2a)
Chilli Beef Rice Pot (2a)

Tomato & Herb Pasta (2a)
Beef Bolognese Pasta (2a)

Tomato & Herb Pasta (2a)
Spicy Sausage Pasta Pot (1,2a,4,7,13,14)

Tomato & Herb Pasta (2a)
Chicken Meatball Pasta (1,2a,4,7,13,14)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

DESSERT

Ice Cream Pot (7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Choc Sponge & Choc Sauce (2a,4,7,13,14)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Apple & Fruit Crumble & Custard (2a,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Coco Crunch (2a)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Vanilla Muffin (2a,4,7,13)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser <https://app.catercloud.com/menu/E69051F8-4B19-433E-AA42-9952472F5B26>



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THREE
Sept 2021

MONDAY

Brunch Lunch
Pork or Chicken Sausage ,
Scrambled Egg , Bacon,
Beans & Diced Potatoes
(2a,4,7,13,14)

£1.90

MAIN

TUESDAY

Chicken Katsu
with a Curry Sauce
Wholegrain /White Rice
(2a,13)

WEDNESDAY

Hunters Chicken
Mixed Vegetables &
Potatoes(1,2a,c,7,13)

THURSDAY

**Chilli Beef &
Nachos**
Rice and Sweetcorn

FRIDAY

**Harry Ramsden's
Battered Fish**
(2a,5) Chips and Baked
Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

**Veggie Brunch
Lunch**

Egg , Veggie Sausages
Beans & Diced Potatoes
(2a,4,7,13,14)

£1.90

VEGETARIAN

**Katsu Vegetable
Curry (2a,13)**

Wholegrain Rice **VEGAN**

**Cheese & Onion
Quiche**

(2a,4,7,9,13)
Mixed Vegetables &
Potatoes

**Veggie Quorn
Chilli & Nachos**
with Rice and
Sweetcorn (2c,4,7)

Quorn Sausages
(2a,c,4,7)
Chips, Beans & Gravy

£1.90

**POTS
2 GO**

Tomato & Herb Pasta (2a)
Sweet Chilli Chicken Noodle
Pot (2a,4,13)

Tomato & Herb Pasta (2a)
Piri Piri Chicken Rice Pot
(13,14)

Tomato & Herb Pasta (2a)
Chilli Beef Pasta Pot (2a,)

Tomato & Herb Pasta (2a)
Chicken Korma Rice Pot
(7,13)

Tomato & Herb Pasta (2a)
BBQ Chicken Pasta Pot
(1,2,7,13)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

£0.65

DESSERT

Ice Cream Pot (7)
Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

**Hot Lemon Drizzle &
Custard (2a,4,7)**
Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

**Jam Sponge & Cus-
tard (2a,4,7,13,14)**
Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

**Hot Chocolate
Brownie (2a,4,7,13)**
Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

Mixed Fruit Muffin
(2a,4,7,13)
Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

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Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser <https://app.catercloud.com/menu/81C8FC44-B632-45C1-B280-9682BEA68DEA>



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FOUR
Sept 2021

MONDAY

Classic Beef
Lasagne

(1,2a,4,7,9,13)

Garden Peas and New
Potatoes

£1.90

MAIN

TUESDAY

Chicken Korma

(1,7,13)

Wholegrain Rice &
Mini Naan (2a)

WEDNESDAY

Roast Ham

Yorkshire Pudding

(2a,4,7) , Carrots Peas,
Crushed Roasted New
Potatoes & Gravy

THURSDAY

Beef 'n' Cheese
Burger

(2a,4,7,13,14)

Baked Wedges and
Beans

FRIDAY

Harry Ramsdens
Battered Fish

(2a,5) Chips and Baked
Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

VEGETARIAN

Vegetable Lasagne

(1,2a,4,7,9,13)

Garden Peas and
New Potatoes

£1.90

Vegetable Curry

(2a,7)

Wholegrain Rice &
Mini Naan (2a)

Vegetable

Tortilla (4,7)

New Roasted Potatoes
& Carrots/Peas

Loaded Vegetable

Quorn Chilli

Loaded Nacho's

VEGAN

Cheese & Onion
Pasty

(2a,7) Chips & Beans

**POTS
2 GO**

Tomato & Herb Pasta (2a)

Cheesy Pasta Pot (2a,7)

£1.90

Tomato & Herb Pasta (2a)

Chilli Beef Rice Pot

Tomato & Herb Pasta (2a)

Beef Bolognese Pasta Pot
(2a)

Tomato & Herb Pasta (2a)

Spicy Sausage Pasta Pot
(2a,4)

Tomato & Herb Pasta (2a)

Chicken Meatball Pasta Pot
(1,2a,4,7,9,14)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

DESSERT

Ice Cream Pot (7)

Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

£0.65

Apple Crumble &
Custard (2a,7)

Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

Vanilla Sponge &
Custard (2a,4,7,13)

Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

Assorted Mixed
Cookies (2a,4,7,13)

Fruit Mousse (7), Fresh Fruit,
Grape Pots Or Jelly

Spicy Carrot & Sul-
tana Muffin

(2a,4,7,13)
Fruit Mousse (7), Fresh Fruit,

Use the QR Code to get all
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Browser

[https://app.catercloud.com/
menu/8E98A0A8-D74C-4824-
9812-7150FF76ED33](https://app.catercloud.com/menu/8E98A0A8-D74C-4824-9812-7150FF76ED33)



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MAIN

VEGETARIAN

POTS 2 GO

DESSERT

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MONDAY

Beef 'n' Baked Wedges Pie (2a,13)
Peas/Sweetcorn

Quorn Steak 'n' Wedges
With a Salsa Sauce (4,9)
Peas/Sweetcorn

Tomato & Herb Pasta (2a)
Sweet Chilli Chicken Noodle Pot (2a,4,12)

TUESDAY

Chinese Chicken & Noodles (2a,4,12,13)
with Peppers, Onions, Baby corn & Mangetout

Oriental Vegetables & Quorn Pieces & Noodles (2a,4,12,13)

Tomato & Herb Pasta (2a)
Piri Piri Chicken Rice Pot (13,14)

WEDNESDAY

Roasted Chicken
Yorky Pudding (2a,4,7), Carrots Peas, Crushed Roasted New Potatoes & Gravy

Veggie Toad in the Hole
(1,2a,4,7,13,14)
Peas, Carrots and Pota-

Tomato & Herb Pasta (2a)
Chilli Beef Pasta Pot (2a)

THURSDAY

Mexican Beef Enchilada (2a)
Rice and Sweetcorn

Mexican Chilli Enchilada
(2a,c) Rice and Sweetcorn **Vegan**

Tomato & Herb Pasta (2a)
Chicken Korma Rice Pot (2a,7)

FRIDAY

Harry Ramsden's Battered Fish
(2a,5) Chips and Baked Beans/Peas

Spicy Veggie Bean Burger
(2a,13) Chips and Peas **Vegan**

Tomato & Herb Pasta (2a)
Cheesy Pasta Pot (2a,7)

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

Ice Cream Pot (7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Mixed Fruit Crumble & Custard (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Chocolate Sponge with Chocolate Sauce
(2a,4,7,13)
Fruit Mousse (7), Fresh

Assorted Mixed Cookies (2a,4,7,13)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Flapjack Friday
(2a,d,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly



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MONDAY

Pork Sausages & Mash
(1,2a,c,7,13,14)
Gravy, Beans or Veg

MAIN

£1.90

VEGETARIAN

Veggie Sausage
(1,2a,7,13,14) Mashed Potato and Veg or Baked Beans

£1.90

POTS 2 GO

Tomato & Herb Pasta (2a)
Cheesy Pasta Pot (2a,7)

£1.90

TUESDAY

Chicken Curry
(2a,5,7)
Wholegrain Rice & Naan Bread

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

Vegetable Curry
(2a,7)
Wholegrain Rice & Naan Bread

Tomato & Herb Pasta (2a)
Chilli Beef Rice Pot (2a)

WEDNESDAY

Roast Turkey
Mixed Vegetables, Roast Potatoes Yorky 'n' Gravy
(2a,4,7)

Cauliflower & Leek Cheese
(1,2a,4,7,9,13)
Roast Potatoes & Veg

Tomato & Herb Pasta (2a)
Beef Bolognese Pasta Pot (2a)

THURSDAY

Chicken Enchilada's
(1,2a,7)
Southern Style Rice & Sweetcorn

Veggie Mince Enchilada (1,2a,c,4,7)
Rice & Sweetcorn

Tomato & Herb Pasta (2a)
Chicken Korma Rice Pot (2a,7)

FRIDAY

Harry Ramsdens Battered Fish
(2a,5) Chips and Baked Beans/Peas

Vegetable Quarter Pounder in a bap (2a)
Chips and Salad

Tomato & Herb Pasta (2a)
Cheesy Pasta Pot (2a,7,9)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

Ice Cream Pot (7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Fruit Trifle (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Jam Sponge & Custard (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Hot Chocolate Brownie (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Mixed Fruit Muffin (2a,4,7)
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

£0.65

DESSERT

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<https://app.catercloud.com/menu/212E42E7-063D-4D9F-B306-ABD36F123E8C>



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