



# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

**MAIN**

**Cottage Pie**  
(2a,c,7,13)  
Sweetcorn/Garden Peas

**Sweet & Sour Chicken**  
Rice or Egg Noodles  
(1,2a,4)

**Roast Beef & Yorkshire Pud**  
Cauliflower, Green Beans New Potatoes & Gravy (2a,4,7)

**Butter Milk Chicken**  
Baked Wedges, Coleslaw and Baby Cobs (1,2a,4,7,9,13)

**Harry Ramsden's Battered Fish**  
(2a,5) or Salmon Fish Cakes (2a,5) Chips and Baked Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

**VEGETARIAN**

**Macaroni Cheese**  
(2a,7) **V**  
Sweetcorn/Garden Peas

**Chick Pea, Spinach & Sweet Potato Curry & Rice**  
(2a,7,9) **V**

**Quorn Fillet **V****  
Cauliflower, Green Beans, New Potatoes & Gravy  
(2a,4,7)

**Mexican Vegetable & Bean Chilli** On Wedges  
**VEGAN**

**Vegetable Sausages** (2a)  
Chips with Beans  
**VEGAN**

**POTS 2 GO**

Tomato & Herb Pasta (2a)  
Sweet Chilli Chicken Noodle Pot (2a,4,12)

Tomato & Herb Pasta (2a)  
Piri Chicken Rice Pot (2a)

Tomato & Herb Pasta (2a)  
Ham & Chicken Pasta Pot (2a)

Tomato & Herb Pasta (2a)  
Chilli Rice Pot (2a,7)

Tomato & Herb Pasta (2a)  
Arabietta Pasta Pot (2a)

**STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY**

**DESSERT**

**Ice Cream Pot** (7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Apple Crumble & Custard** (2a,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Vanilla Sponge & Custard** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Assorted Mixed Cookies** (2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Beetroot and Choc Muffin** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser <https://app.catercloud.com/menu/86128C56-1BCC-4903-829C-64B1F87A8C8E>



**ALLERGEN KEY**  
1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur

**ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER**



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.



# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

**MAIN**

**VEGETARIAN**

**POTS 2 GO**

**DESSERT**

Spaghetti Bolognese (1,2a,7,13)  
Cheesy Garlic Bread and Mixed Salad

Chicken Tikka (2a,7)  
Wholegrain Rice and Mini Naan Bread (2)

Roast Chicken Yorkshire Pudding (2a,4,7),  
Seasonal Veg, Roast Potatoes & Gravy

Mexican Beef Chilli Enchilada (1,2a,7)  
Sweetcorn with Baked Cajun Wedges

Harry Ramsdens Battered Fish (2a,5) Chips and Baked Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

Veggie Bolognese Cheesy Garlic Bread and Mixed Salad (2a,4,7)

Vegetable Tikka Masala (contains lentils, pulse & beans) Wholegrain Rice and Naan (2a,4,7)

Vegetable Savoury Pastry Seasonal Veg and Potatoes (2a,4)

Falafel and Spinach (chick pea) Burger in Bun Wedges & Coleslaw (1,2a,9)

Spicy Bean Wrap with a dressing **VEGAN** Chips & Peas (2a,9)

Tomato & Herb Pasta (2a)  
Cheesy Pasta Pot (2a,7)

Tomato & Herb Pasta (2a)  
Chilli Beef Rice Pot (2a)

Tomato & Herb Pasta (2a)  
Beef Bolognese Pasta (2a)

Tomato & Herb Pasta (2a)  
Spicy Sausage Pasta Pot (1,2a,4,7,13,14)

Tomato & Herb Pasta (2a)  
Chicken Meatball Pasta (1,2a,4,7,13,14)

**STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY**

Ice Cream Pot (7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Choc Sponge & Choc Sauce (2a,4,7,13,14)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Apple & Fruit Crumble & Custard (2a,7) Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Coco Crunch (2a)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

Vanilla Muffin (2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

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**THREE**  
Sept 2021

**MONDAY**

**Brunch Lunch**  
Pork or Chicken Sausage ,  
Scrambled Egg , Bacon,  
Beans & Diced Potatoes  
(2a,4,7,13,14)

£1.90

**MAIN**

**TUESDAY**

**Chicken Katsu**  
with a Curry Sauce  
Wholegrain /White Rice  
(2a,13)

**WEDNESDAY**

**Hunters Chicken**  
Mixed Vegetables &  
Potatoes(1,2a,c,7,13)

**THURSDAY**

**Chilli Beef &  
Nachos**  
Rice and Sweetcorn

**FRIDAY**

**Harry Ramsden's  
Battered Fish**  
(2a,5) Chips and Baked  
Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

**Veggie Brunch  
Lunch**

Egg , Veggie Sausages  
Beans & Diced Potatoes  
(2a,4,7,13,14)

£1.90

**VEGETARIAN**

**Katsu Vegetable  
Curry** (2a,13)

Wholegrain Rice **VEGAN**

**Cheese & Onion  
Quiche**

(2a,4,7,9,13)  
Mixed Vegetables &  
Potatoes

**Veggie Quorn  
Chilli & Nachos**  
with Rice and  
Sweetcorn (2c,4,7)

**Quorn Sausages**  
(2a,c,4,7)  
Chips, Beans & Gravy

£1.90

**POTS  
2 GO**

Tomato & Herb Pasta (2a)  
Sweet Chilli Chicken Noodle  
Pot (2a,4,13)

Tomato & Herb Pasta (2a)  
Piri Piri Chicken Rice Pot  
(13,14)

Tomato & Herb Pasta (2a)  
Chilli Beef Pasta Pot (2a,)

Tomato & Herb Pasta (2a)  
Chicken Korma Rice Pot  
(7,13)

Tomato & Herb Pasta (2a)  
BBQ Chicken Pasta Pot  
(1,2,7,13)

**STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY**

£0.65

**DESSERT**

**Ice Cream Pot** (7)  
Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

**Hot Lemon Drizzle &  
Custard** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

**Jam Sponge & Cus-  
tard** (2a,4,7,13,14)  
Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

**Hot Chocolate  
Brownie** (2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

**Mixed Fruit Muffin**  
(2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

**ALLERGEN KEY**

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**FOUR**  
Sept 2021

**MONDAY**

Classic Beef  
Lasagne

(1,2a,4,7,9,13)  
Garden Peas and New  
Potatoes

£1.90

**MAIN**

**TUESDAY**

Chicken Korma

(1,7,13)  
Wholegrain Rice &  
Mini Naan (2a)

**WEDNESDAY**

Roast Ham

Yorkshire Pudding  
(2a,4,7) , Carrots Peas,  
Crushed Roasted New  
Potatoes & Gravy

**THURSDAY**

Beef 'n' Cheese  
Burger

(2a,4,7,13,14)  
Baked Wedges and  
Beans

**FRIDAY**

Harry Ramsdens  
Battered Fish

(2a,5) Chips and Baked  
Beans/Peas

Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink

Vegetable Lasagne

(1,2a,4,7,9,13)  
Garden Peas and  
New Potatoes

£1.90

**VEGETARIAN**

Vegetable Curry

(2a,7)  
Wholegrain Rice &  
Mini Naan (2a)

Vegetable

Tortilla (4,7)  
New Roasted Potatoes  
& Carrots/Peas

Loaded Vegetable

Quorn Chilli  
Loaded Nacho's  
**VEGAN**

Cheese & Onion  
Pasty

(2a,7) Chips & Beans

£1.90

**POTS  
2 GO**

Tomato & Herb Pasta (2a)  
Cheesy Pasta Pot (2a,7)

Tomato & Herb Pasta (2a)  
Chilli Beef Rice Pot

Tomato & Herb Pasta (2a)  
Beef Bolognese Pasta Pot  
(2a)

Tomato & Herb Pasta (2a)  
Spicy Sausage Pasta Pot  
(2a,4)

Tomato & Herb Pasta (2a)  
Chicken Meatball Pasta Pot  
(1,2a,4,7,9,14)

**STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY**

£0.65

**DESSERT**

Ice Cream Pot (7)

Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

Apple Crumble &  
Custard (2a,7)

Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

Vanilla Sponge &  
Custard (2a,4,7,13)

Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

Assorted Mixed  
Cookies (2a,4,7,13)

Fruit Mousse (7), Fresh Fruit,  
Grape Pots Or Jelly

Spicy Carrot & Sul-  
tana Muffin

(2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit,

Use the QR Code to get all  
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Browser

[https://app.catercloud.com/  
menu/8E98A0A8-D74C-4824-  
9812-7150FF76ED33](https://app.catercloud.com/menu/8E98A0A8-D74C-4824-9812-7150FF76ED33)



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**MAIN**

**VEGETARIAN**

**POTS 2 GO**

**DESSERT**

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# MONDAY

**Beef 'n' Baked Wedges Pie** (2a,13)  
Peas/Sweetcorn

**Quorn Steak 'n' Wedges**  
With a Salsa Sauce (4,9)  
Peas/Sweetcorn

Tomato & Herb Pasta (2a)  
Sweet Chilli Chicken Noodle Pot (2a,4,12)

# TUESDAY

**Chinese Chicken & Noodles** (2a,4,12,13)  
with Peppers, Onions, Baby corn & Mangetout

**Oriental Vegetables & Quorn Pieces & Noodles** (2a,4,12,13)

Tomato & Herb Pasta (2a)  
Piri Piri Chicken Rice Pot (13,14)

# WEDNESDAY

**Roasted Chicken**  
Yorky Pudding (2a,4,7), Carrots Peas, Crushed Roasted New Potatoes & Gravy

**Veggie Toad in the Hole**  
(1,2a,4,7,13,14)  
Peas, Carrots and Pota-

Tomato & Herb Pasta (2a)  
Chilli Beef Pasta Pot (2a)

# THURSDAY

**Mexican Beef Enchilada** (2a)  
Rice and Sweetcorn

**Mexican Chilli Enchilada**  
(2a,c) Rice and Sweetcorn **Vegan**

Tomato & Herb Pasta (2a)  
Chicken Korma Rice Pot (2a,7)

# FRIDAY

**Harry Ramsden's Battered Fish**  
(2a,5) Chips and Baked Beans/Peas

**Spicy Veggie Bean Burger**  
(2a,13) Chips and Peas **Vegan**

Tomato & Herb Pasta (2a)  
Cheesy Pasta Pot (2a,7)

**Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink**

## STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

**Ice Cream Pot** (7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Mixed Fruit Crumble & Custard** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Chocolate Sponge with Chocolate Sauce**  
(2a,4,7,13)  
Fruit Mousse (7), Fresh

**Assorted Mixed Cookies** (2a,4,7,13)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Flapjack Friday**  
(2a,d,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

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# MONDAY

**Pork Sausages & Mash**  
(1,2a,c,7,13,14)  
Gravy, Beans or Veg

£1.90  
**MAIN**

£1.90  
**VEGETARIAN**

£1.90  
**POTS 2 GO**

£0.65  
**DESSERT**

# TUESDAY

**Chicken Curry**  
(2a,5,7)  
Wholegrain Rice & Naan Bread

**Meal Deal £2.51 - Main, Vegetarian or Pots 2 Go with Pudding and 50p Drink**

**Vegetable Curry**  
(2a,7)  
Wholegrain Rice & Naan Bread

Tomato & Herb Pasta (2a)  
Chilli Beef Rice Pot (2a)

# WEDNESDAY

**Roast Turkey**  
Mixed Vegetables, Roast Potatoes Yorky 'n' Gravy  
(2a,4,7)

**Cauliflower & Leek Cheese**  
(1,2a,4,7,9,13)  
Roast Potatoes & Veg

Tomato & Herb Pasta (2a)  
Beef Bolognese Pasta Pot (2a)

# THURSDAY

**Chicken Enchilada's**  
(1,2a,7)  
Southern Style Rice & Sweetcorn

**Veggie Mince Enchilada** (1,2a,c,4,7)  
Rice & Sweetcorn

Tomato & Herb Pasta (2a)  
Chicken Korma Rice Pot (2a,7)

# FRIDAY

**Harry Ramsdens Battered Fish**  
(2a,5) Chips and Baked Beans/Peas

**Vegetable Quarter Pounder** in a bap (2a)  
Chips and Salad

Tomato & Herb Pasta (2a)  
Cheesy Pasta Pot (2a,7,9)

## STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

**Ice Cream Pot** (7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Fruit Trifle** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Jam Sponge & Custard** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Hot Chocolate Brownie** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

**Mixed Fruit Muffin** (2a,4,7)  
Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

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<https://app.catercloud.com/menu/212E42E7-063D-4D9F-B306-ABD36F123E8C>



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