

Knowledge

Organiser

Physical Education

Year 10 Netball

Name:

Form:



What PE kit do I need?

Black school PE leggings/tracksuit bottoms, school tracksuit top, blue school PE t-shirt, trainers and white sports socks/school blue PE football socks.

Assessment Criteria

3	Performs all basic passes, uses correct footwork, stays with opponent, knows positions
4	Uses footwork on the move, some success at shooting under pressure, gets free from opponent
5	Passes are powerful and accurate, holds space in circle to enable a successful shot, marks well
6	Receives with either hand, links all 3 stages of defence, consistently gets free.
7	Can turn in the air, considerable influence over the game in all positions.
8	Airborne catch and release, opponent rarely gets ball, outstanding level of skill and tactical awareness/anticipation
9	Consistently accurate, exceptional ground and airborne skill, performs all skills consistently

P8	Personal	Accept critical feedback and demonstrate resilience in my learning.
T8	Thinking	Critically analyse and evaluate all aspects of individual and team performance and have the ability to solve complex problems.

Big Questions

1. How do we maintain possession?
2. How and why would you use a running pass?
3. What options are available at a centre pass?
4. How can we use sideline set plays to improve our gameplay?
5. How do we defend the centre pass?
6. How do we link the netball court from the backline to attacking?

Web Links:

Masterclass- video analysis 1– Centre pass:

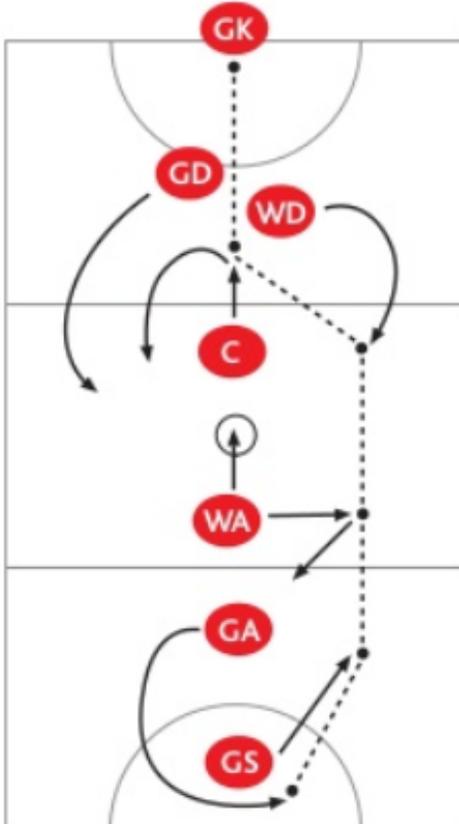
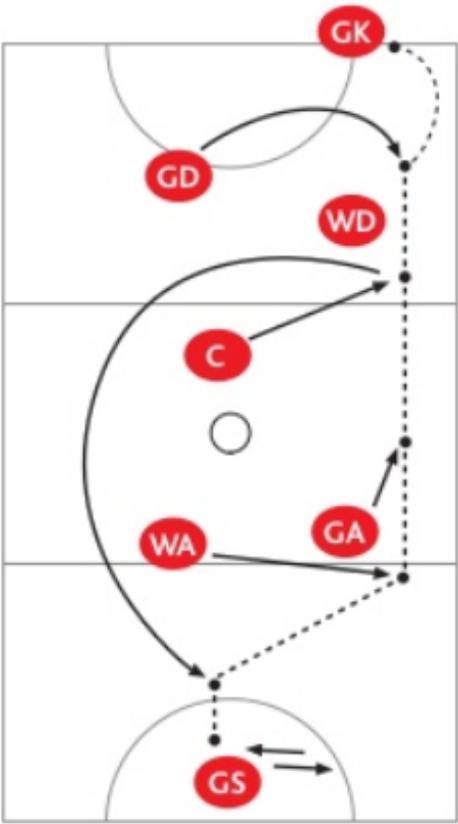
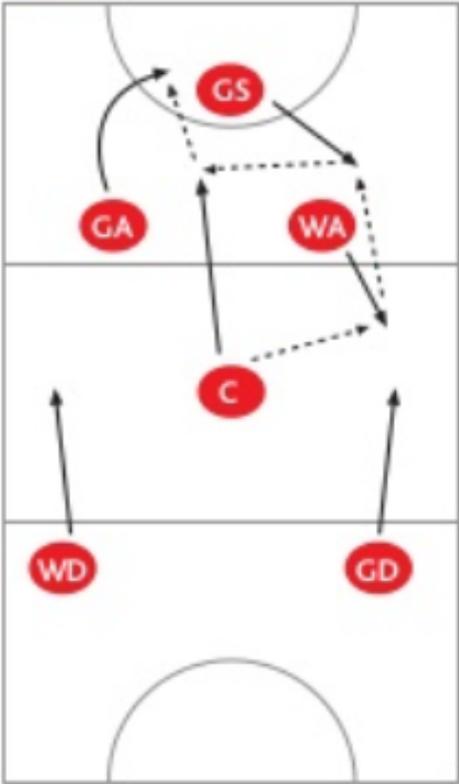
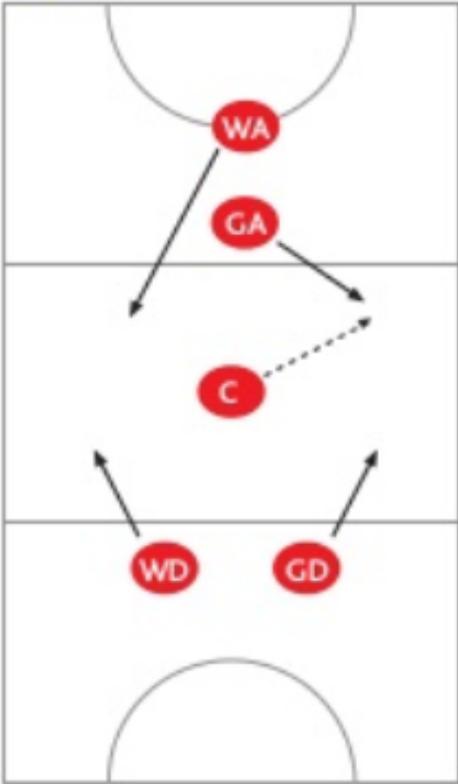
<https://www.EnglandNetball.co.uk/get-involved/coaching/coaching-resources/videos/>

Netball ball on wall skills:

<https://www.youtube.com/watch?>



Centre and backline set play ideas



Players movement



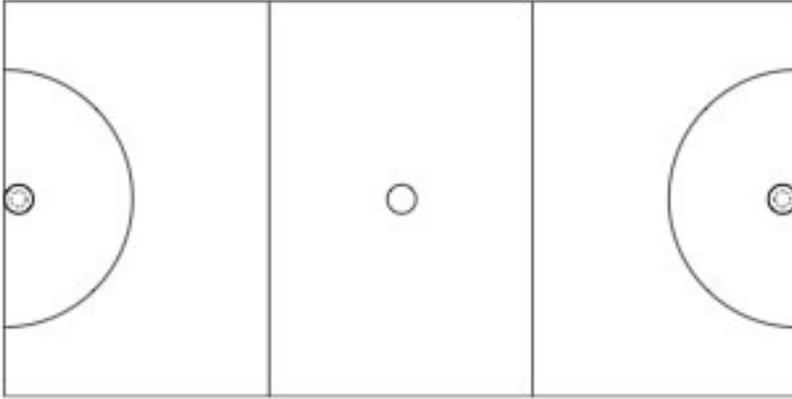
Movement of the ball

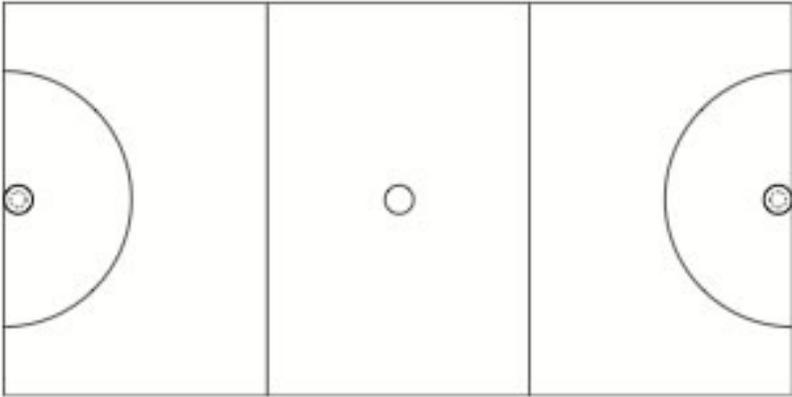


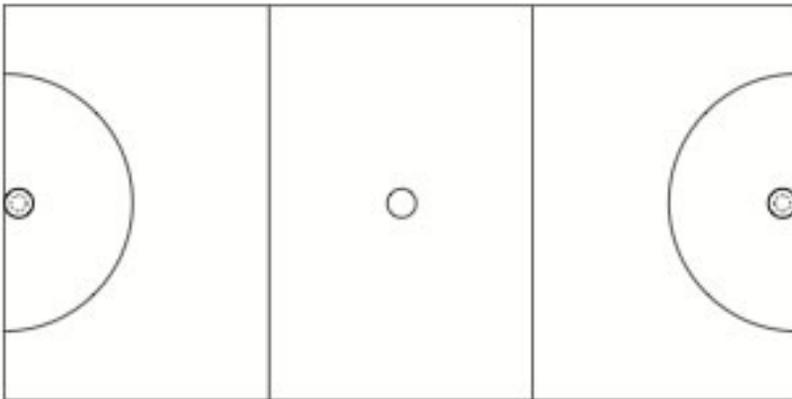
Set Plays

Using the netball court templates below design your own set plays. Use the examples on the previous page to help you but make sure yours are different to these. You could choose to design a set play that could be used at a centre pass, one that could be used at a side line or one that could be used at a back-line pass (attacking team or defending team).

Use the lines next to the image to explain your idea.







Quick questions

1. Name 2 rules that may effect a goal shooter in the circle _____

2. When would an umpire aware a toss up during play? _____

3. Explain the rules of the toss up _____
