WEEK 5

	CLASSIC FAVOURITES MONDAY	Eastern TUESDAY	Great British WEDNESDAY	All American THURSDAY	FISH & CHIP FRIDAY
MAIN £1.90	Steak Pie'n' Baked Wedges Peas/Sweetcorn	Chicken Chow Mein Noodles (1,2,4,10,13) with Peppers, Onions, Babycorn & Mangetout	Roast Chicken Yorkshire Pudding (2,4,7), Mixd Vegetable, Roast Potatoes & Gravy	Mexican Beef Taco's (2) Rice and Sweetcorn	Oven Baked Battered Fish (2,4,5,7) Chips and Baked Beans/Peas
	MEAL DEAL £2.36 - MAIN OR VEGGIE WITH PUD & 50p DRINK + FREE SALAD				
VEGGIE £1.90	Quorn Steak 'n' Wedges With a Salsa Sauce (4) Peas/Sweetcorn	Oriental Vegetable & Quorn Pieces (2,5,4) Noodles (2,4)	Veggie Toad in the Hole (2,4,7) Cabbage, Carrots and Potatoes	Mixed Bean & Vegetable Mexican Chilli Taco's (2) Rice and Sweetcorn	Spicy Bean Burger (4,7) Chips and Peas
FUSION £1.90	Tomato & Herb Pasta (2) Sweet Chilli Chicken Noodle Pot (2,4,12)	Tomato & Herb Pasta (2) Piri Piri Chicken Rice Pot (2)	Tomato & Herb Pasta (2) Chilli Beef Pasta Pot (2,)	Tomato & Herb Pasta (2) Chicken Korma Rice Pot (2,7)	Tomato & Herb Pasta (2) Cheesey Pasta Pot (2,7,9)
STREET	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.	See Street Food Tariff and notice boards for todays offers and information.
DELI 2GO	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)	Assorted Freshly Made Baguettes, Wraps & Sandwiches (see packaging for allergens)
THE PUD £0.65	Ice Cream Pot (2,4,7)	Mixed Fruit Crumble & Custard (2,4,7)	Chocolate Sponge with Chocolate Sauce (2,4,7)	Coco Crunch (2,4,7)	Flapjack Friday (2,4,7)
	Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly	Fruit Mousse (7), Fresh Fruit, Grape Pots Or Jelly

our Kitchen — good food's what we do

Rev Sept 2019

Milk, Juices, Waters, Yoghurt, Fresh Fruit, Sandwiches and other heathly snacks are available from our chillers hot counters or outlets daily and all subject to availability.

ANY ALLERGEN CONCERNS - PLEASE SPEAK TO THE CATERING MANAGER

amey

CHILDREN'S FOOD TRUST — Eat Better Do Better

ALLERGEN KEY

1 Celery 2 Cereals containing Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Nuts 11 Peanuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO