

Our Ref: ATH

Friday 3rd October 2025

Dear Parents/Guardians,

RE: SEND Partnership Parent Workshops

The SEND Partnership have provided us details of parent workshops they are holding on Zoom. Please see the details below for these. The Duston School have not set these up, so you will need to book through the below links provided and any questions you may have can be directed to partnershipadmin@hunsburypark.org.

The first Parent Workshop is on **Tuesday 7th October 2025** from **7pm – 9pm** via **Zoom**. The session will be led by **Sonia Murray from JOGO Behaviour Support** and will focus on **'My role in supporting my child's mental health'**.

Sign up: <https://forms.office.com/e/zTA8Wlf3da>

A brief overview: Parenting children and teenagers can be rewarding but also challenging, especially when they experience big feelings, anxiety or changes in mood. This practical online session will help you understand how emotional well-being develops from childhood through adolescence, recognise when your child may need more support and explore ways to offer support at home. We will explore listening and connection, building resilience and coping skills, and understanding when and how to seek additional help. The session will have practical ideas that work for both primary and secondary age children.

The second Parent Workshop is on **Thursday 20th November 2025** from **7pm – 9pm** via **Zoom**. The session will be led by **Blossom Occupational Therapy Service** and will focus on **'Supporting my child with Emotional Based School Avoidance'**.

Sign up: <https://forms.office.com/e/fqcp5ZUdYP>

A brief overview: Supporting my child with Emotional Based School Avoidance

- What is EBSA?
- Signs and indicators of children at risk of EBSA
- How does this impact the child and family?
- What support can be put in place to support your child?

Yours faithfully,



A Thomson

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