

Subject: GCSE Psychology

Exam Board: OCR

Date of exam: Paper 1 – 7th May, Paper 2 – 14th May

Revision Strategies:

Students should be reminded that reading through the workbooks/highlighting the workbooks is **not** effective revision and will not help them to learn the content.

Students must ensure they use the **revision checklists** provided by teachers, to help them compartmentalise their revision and ensure they cover all content.

The most effective revision involves **self-testing**; this can be achieved by:

Revision cards

- Students should create revision cards which have a **question/key term on one side and an answer/definition on the other**. These should be **created throughout the course**, as students learn the information.
- Students should **test themselves** on these questions/definitions, creating separate piles for the ones they got right and wrong.
- They should **revisit the 'wrong' pile** until there are none left.
- Understanding **key terminology** is essential in psychology, so students should make a revision card for every key term they learn (especially in research methods!)

Blurting AND self-assessing

- Review the Material: Start by reading your notes or workbook to familiarise yourself with the content.
- Blurt It Out: After reviewing, cover your notes and **write down everything you can remember** about the content on a blank sheet of paper. This can be done in bullet points, mind maps or preferably, as an **exam-style paragraph**.
- Check Your Work: Compare what you wrote with your original notes/the workbook. **Identify any gaps in your knowledge and correct any inaccuracies** by adding the missing information in a different colour for clarity.
- Repeat the Process: Go back over the areas you missed or got wrong, and **repeat the blurting process** until you feel confident in your understanding of the material.

Essay plans

- Students must be prepared for **13-mark essays**, they will have one in each paper.
- Students will be given an **essay planning book** in Year 11, which includes a variety of past and possible essay questions, for them to practice structuring and answering. When students complete these, they should be given to their teacher to check.



Past papers

- Past papers are the final stage of revision, as students must ensure they focus on consolidating strong knowledge and understanding of the content beforehand, especially as psychology papers do not follow a standardised structure, so there is less focus on specific technique for certain types of question.
- Students can access past papers on the OCR website. Students should attempt these and then assess them against mark schemes, ensuring they have written about the correct content. OCR mark schemes are very specific, so students should be 'harsh' when marking their own work. With higher-tariff questions, students should ask their teacher to check their responses as if they mark these themselves, they are likely to be over-generous.

Useful websites and resources:

The workbooks provided by the school are the most helpful revision resources, and students should use these first and foremost.

Other resources:

<p>OCR Website – Past Papers</p> <p>https://www.ocr.org.uk/qualifications/gcse/psychology-j203-from-2017/assessment/</p>	
<p>Psych Space – Revision videos</p> <p>https://www.youtube.com/@Psych-Space</p> <p>(Please note – not all content is covered as these videos are still being made.)</p>	
<p>Revision guide</p> <p>My Revision Notes: OCR GCSE (9-1) Psychology: Amazon.co.uk: Billingham, Mark: 9781510423220: Books</p> <p>(Please note - this book simplifies content quite heavily, so should not be the sole revision resource for students aiming for a 6 or above, the school-provided workbooks are more appropriate for these students.)</p> <p>This is the only revision guide available for this course.</p>	